

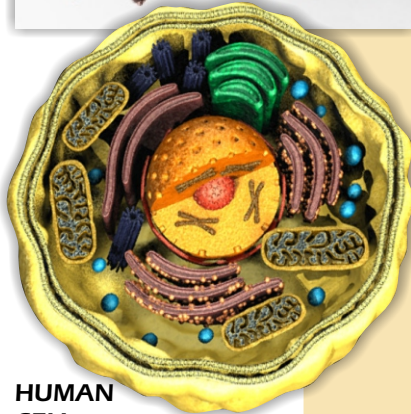


**Did you know  
that plants are  
a lot like people**

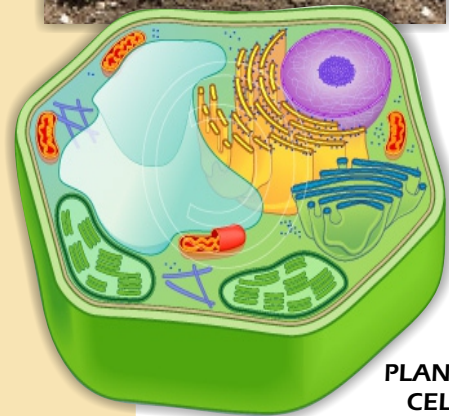


**We're both made  
of cells and function  
alike in many ways.**

**For example,  
it's very important  
what and when we feed  
our cells... it's a matter of**



HUMAN CELL

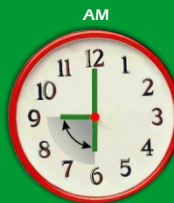


PLANT CELL

## TIMING



As people, we often drink coffee in the morning as a shot of energy to get our day going .

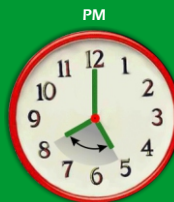


The morning is the time when plants are most prepared to receive a shot of energy.

This is the best time to apply **ENERGY POWER**



Also, many people consider a glass of warm milk, a perfect drink to close out the day.



The afternoon is the time when plants are most receptive to storing food in their cells so they can grow vigorously the next morning.

This is the best time to apply **RESERVE POWER**